

ELIGIBILITY GUIDELINES

Tabitha Meals on Wheels exists to keep older adults safe, independent and in their home.

This meal delivery program exists to support older individuals with the greatest needs, those who cannot shop for and/or prepare meals. When meal deliveries are the difference between remaining independent in their home vs. moving to a Senior Living Community.

Recipients must be:

- 60 years or older
- Physically or mentally unable to cook for themselves
- No others available to help prepare food for them
- Unable to go to Senior Center or other outlets for meals
- Live alone
 - Or if two people reside/receive meals at the same address, both must be unable to prepare meals for themselves
- Delivery address is located within the City Limits of Lincoln, Nebraska